



MENU OPTIONS

SOUPS

Cream of Pumpkin
Manish Water
Beef Soup
Chicken Soup
Vegetable Soup
Cream of Vegetable Soup
Pepperpot Soup

CHICKEN

Barbecued Chicken
Fricasse/ Brown Stew Chicken
Stew Chicken
Chicken in Oyster Sauce
Chinese Roasted Chicken
Sweet & Sour Chicken
Jerked Chicken
Baked Chicken
Honey Glazed Chicken
Parmesan Chicken

FISH FILLET

Sweet & Sour Fish
Escoveitched Fish
Brown Stewed

PORK

Jerked Pork
Stewed Pork
Barbecued Pork
Sweet & Sour Pork

MUTTON

Curried Goat
Brown Stew

BEEF

Roast Beef
Stew Beef
Peppered Steak
Steak

SHRIMP

Shrimp in Oyster Sauce
Garlic Shrimp
Sweet & Sour Shrimp

VEGETARIAN

Sweet & Sour Tofu
Lentils Meatball (Sweet & Sour/BBQ)
Curried Lentils
Vegetable Chop Suey

RICE OPTIONS

Plain Rice
Rice & Peas
Rice & Gungo Peas
Spanish Rice
Garden Rice
Pumpkin Rice
Callaloo Rice
Vegetable Fried Rice
Chicken Fried Rice
Shrimp Fried Rice

SIDES

Potato Salad
Candied Sweet Potato
Pasta Salad
Macaroni & Cheese

Fried Plantain

VEGETABLE

Tossed Vegetable Salad

Steamed Vegetable

Green Salad

DESSERT

Plain Cake

Bread Pudding

Potato Pudding

Fruit Cake

Cheese Cake

Red Velvet Cake

Rum Cake

Ice-Cream

Trifle

Fruit Cocktail

BEVERAGES

Fruit Punch

Pineapple Juice

June Plum Juice

Orange Pineapple Juice

Orange Juice

Lemonade

Pink Lemonade

Carrot Juice

Sorrell